

Regina Inter-zone Soccer

"Recreational Soccer Emphasizing Sportsmanship, Skill Development and Fun"

Regina Inter-zone Soccer supports recreational soccer - the players are playing soccer primarily to have fun!

Play Fair: Playing fair means sticking to the agreed rules, not using unfair advantages, supporting equal opportunities, being considerate of others, having respect for the opponent, acceptance of others, and having respect for the traditions of the game.

Equal Play: Coaches must strive to provide equal playing time so that players are allowed to learn and play the game in a supportive manner. The health and safety of players is paramount. Do not encourage players to continue playing if they are obviously injured or unwell. Ensure everyone participates and is challenged to develop skills, teamwork and confidence.

Sportsmanship: Coaches have the responsibility to ensure that players and fans display good sportsmanship at all times. Do not encourage players to cause injury to other players. Maintain personal self-control at all times – it is only a game.

Respect your opponents at all times: Players and teams should always be humble in victory and gracious in defeat. Coaches and players can display sportsmanship by managing the score. If you find yourself in a position where your team is way ahead in a game, consider how your team would feel if they were being beaten by a large score differential. If you encounter a score differential of approximately four goals, then please use creative coaching to limit your team's score.

Respect for the game: Never dispute a referee's decision - they are seeing the action from a different angle than you are and they can make mistakes, just like anyone. Demonstrate respect for team-mates, coaches, referees and league officials. Respect the facilities in which you play.

Personal Conduct: Foul or abusive language from players, coaches, parents or spectators will not be tolerated. Adults are expected to be positive role models for the children and youth.

A Supportive Environment: Coaches, parents and spectators are expected to let players play without being screamed and shouted at from the sidelines. Encourage and applaud all players, not just those on your team. Always attempt to contribute to the betterment of the soccer experience.

Consequences of Misbehaviour and Code of Conduct violations: Equal playing time, playing fair, respect and sportsmanship are the fundamental cornerstones of this league, but occasionally participants, coaches and spectators forget to apply these principles. Referees can warn offenders, issue cautions (Yellow Cards) and dismissals (Red Cards) and they can direct people to leave the vicinity of the playing areas. Serious offenders will be brought before the league disciplinary committee and further sanctions including being banned from the league may be applied. **In circumstances where teams are not subscribing to the Code of Conduct, referees and league officials are authorized to terminate the game and declare a forfeit.**